

# REMOTE WORK SECURITY

PREVENTING AND DETECTING CYBER INTRUSIONS IN A  
REMOTE WORK ENVIRONMENT

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Experience | Knowledge | Relationships | Insight

# Agenda

- › Increase in Remote Work
- › Impact to Security
- › Securing Remote Workers

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**My prediction:** A major surge in corporate data breaches stemming from weaknesses in remote work is on the way.

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# INCREASE IN REMOTE WORK

# Increase in remote work

## Microsoft Teams

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March 19 – 44m daily users  
April 29 – 75m daily users

## Citrix

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Q1 FY20 - Subscriptions up  
55% from Q1 FY19  
Q1 YOY Revenue up 20%

## Zoom

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2019 – 10m daily participants  
2020 – 300m daily participants

## Port 3389 – Remote Desktop

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March 6 – 3 million  
March 24 – 4.2 million  
May 4 – 4.6 million

# Remote work is here to stay

- › Immediate future
  - › Likely slow and phased return to physical offices
  - › Google and Facebook work from home until end of year
- › Long term
  - › Likely significant increases in work from home (WFH) days
    - › Nationwide Insurance moving all employees to hybrid WFH model and cutting leases at four major locations
    - › Twitter email from Jack Dorsey (CEO) to staff – most employees can work from home forever
    - › Google pulling out of deals for 2 million sq. ft. of office space
  - › According to a recent survey from Gartner:
    - › 75% of CFOs shifting at least 5% of jobs to permanent WFH
    - › 6% of CFOs say half their workforce will make the switch
    - › 57% of employees want to continue working from home and 48% feel more productive

# Remote work is here to stay (con't)

## › Long term

### › The Stanford Study

- › Saved monthly rent per employee
- › Attrition decreased by 50%
- › Shorter breaks
- › Fewer sick days
- › Took less vacation
- › However – More than half the group who worked remote 100% of the time felt too much isolation

Once we're past the COVID-induced work from home initiative, there will be a permanent effect on many knowledge workers.



# IMPACT TO SECURITY

Experience | Knowledge | Relationships | Insight

# Impact to Security

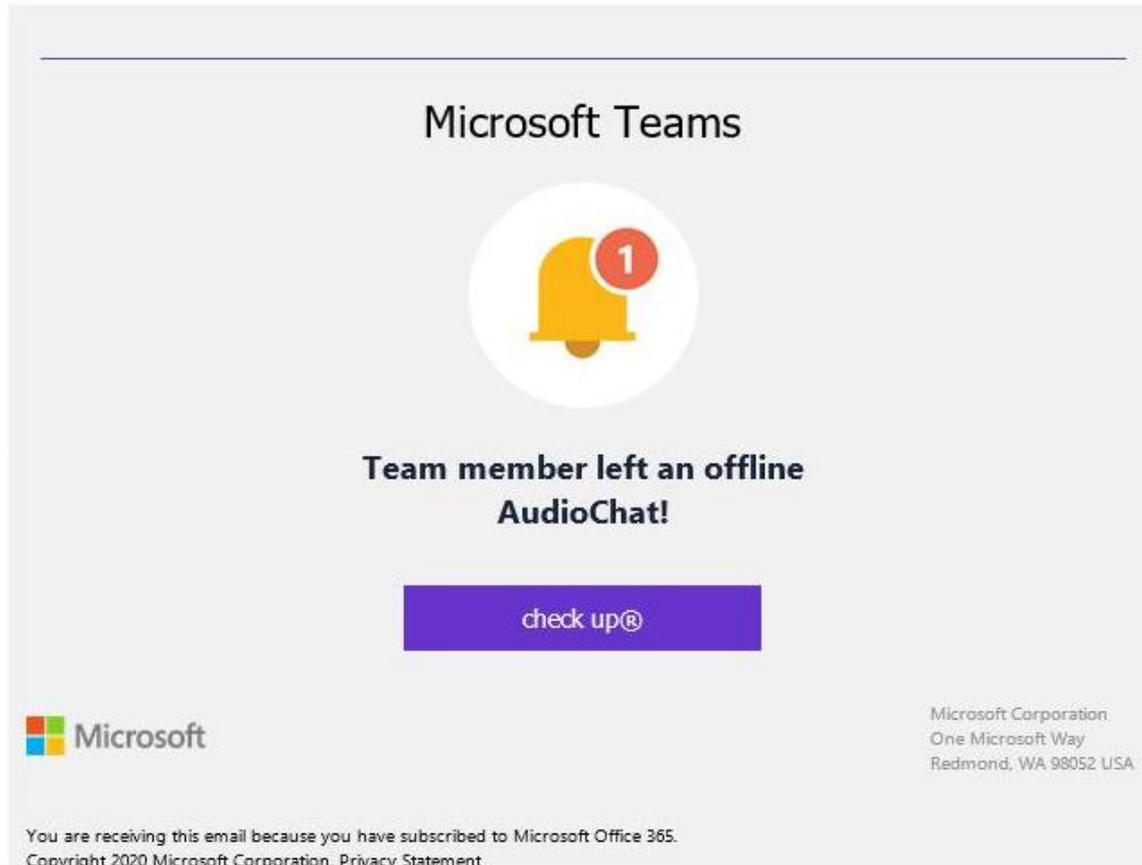
- › Scams and Phishing
- › Weaknesses in remote tooling
- › Unsecured home networks

# Scams and Phishing

- › Scams take advantage of the COVID chaos
  - › Phishing scams designed to confuse employees trying to work remotely and adjusting to using new tools
  - › Phishing scams that capture sensitive data as part of stimulus checks
  - › Selling fake vaccines and other drugs

# Scams and Phishing

Subject: Chat Messaging in Teams®



- › Actual example of a spear phish targeting a Keiter MS Teams user.

# Weaknesses in Remote Tooling

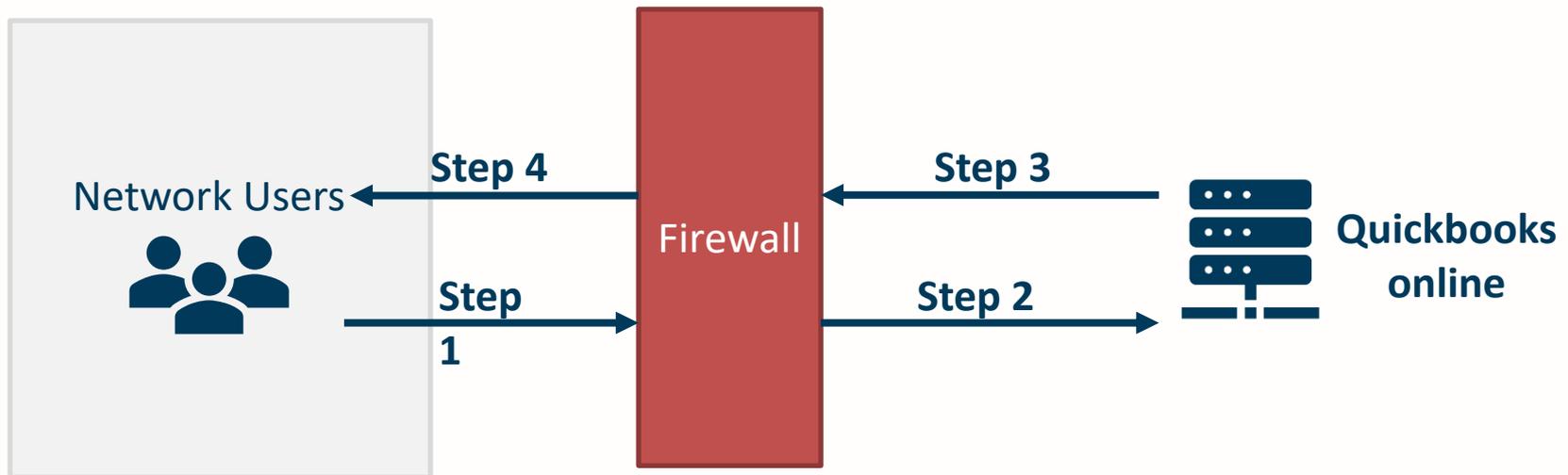
- › The increase in use of remote access tools has drawn increased attention by threat actors.
- › There have been well-publicized weaknesses in the tools businesses have rushed to embrace.
  - › Zoom
  - › Microsoft Teams
  - › Cisco WebEx
- › US Department of Homeland Security's Cybersecurity and Infrastructure Security Agency (CISA) issues warning to businesses that have failed to implement best practices when deploying their Office 365 implementation.

# Weaknesses in Home Networks

- › Corporate networks generally protected by an enterprise-grade firewall
- › Moving from a hardened corporate network to a home network creates new risks
  - › Imagine giving every employee (and their families) the ability to control your corporate firewall.

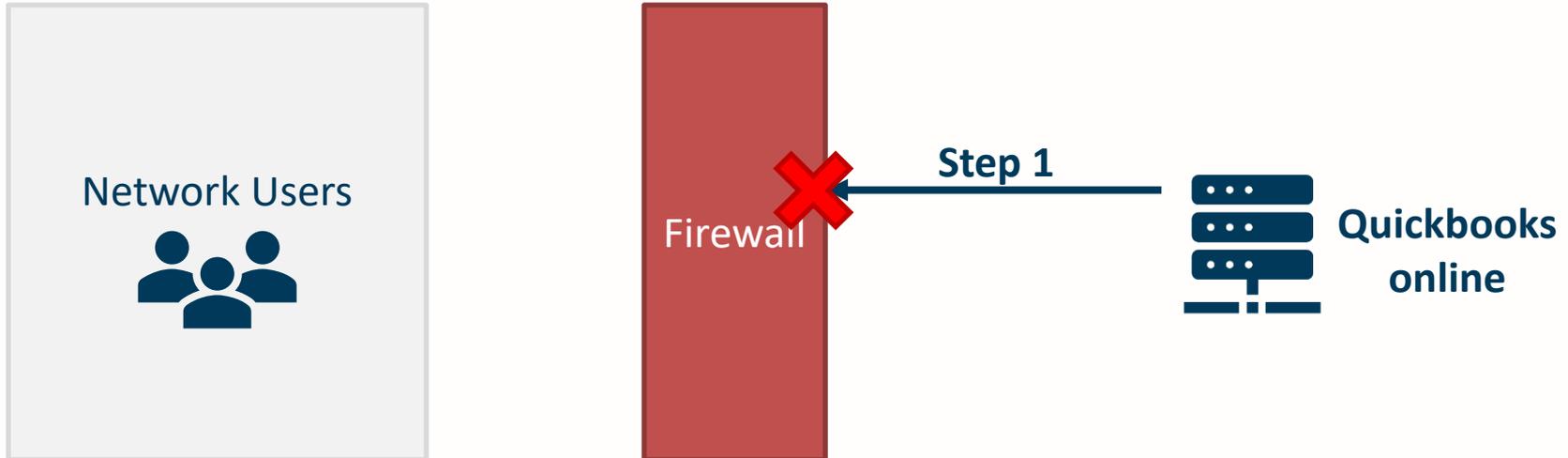
# Firewalls

- › Most firewalls are configured to allow outbound traffic, but to block most, if not all, incoming traffic.



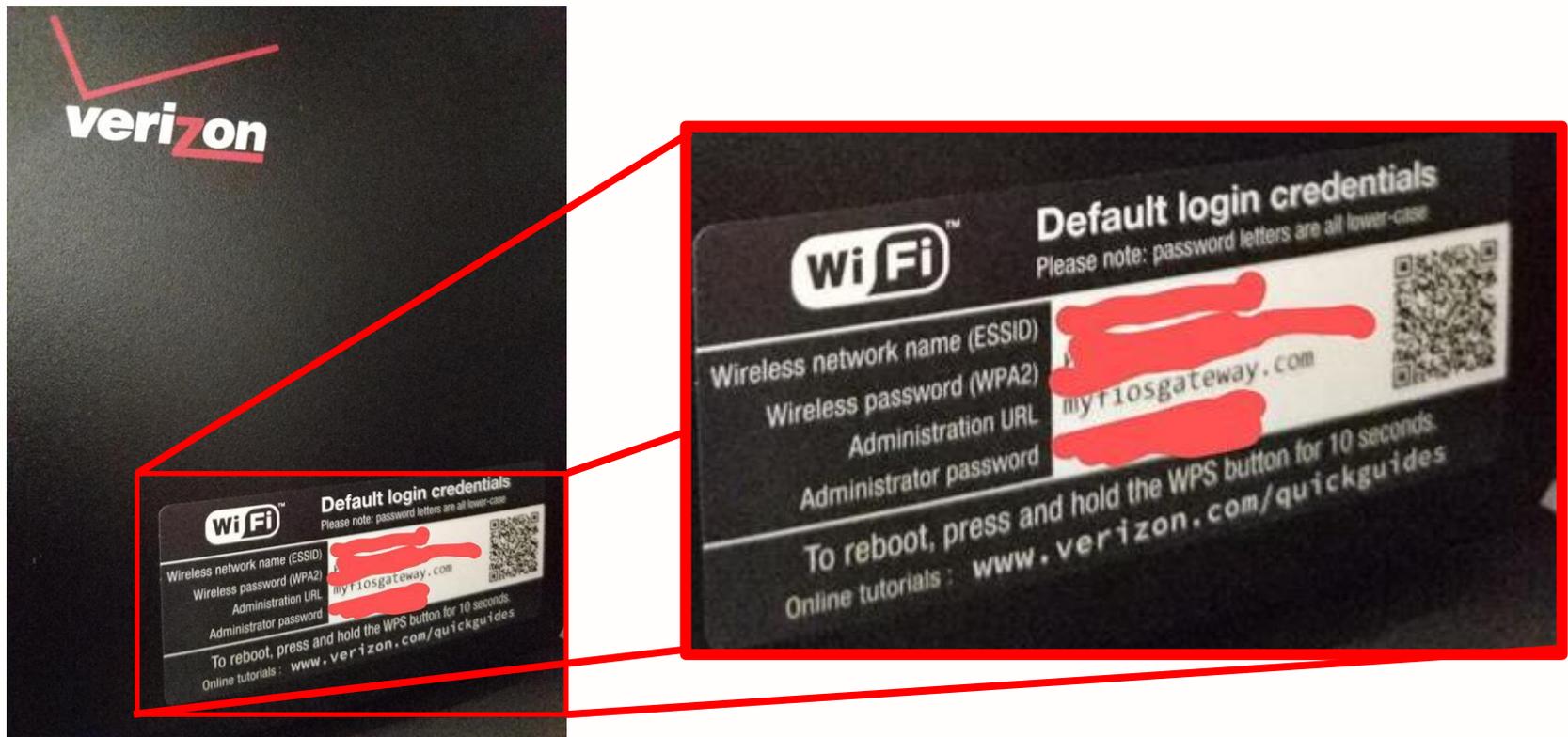
# Firewalls

- › Connections directly to the internal network are blocked



# Home Networks – What can go wrong

- › We have to assume that everyone who lives in your employee's home has access to the home router's administration functions.



# Home Networks – What Can Go Wrong

## Allowing Inbound Network Traffic

fios  
by verizon

Main Wireless Settings My Network **Firewall** Parental Controls Advanced System Monitoring

Main >  
General >  
Access Control >  
Port Forwarding >  
Port Triggering >  
DMZ Host >  
Remote Administration >  
Static NAT >  
Security Log >  
Logout >

### General

#### IPv4 Settings

Maximum Security (High)

Inbound Policy: **Reject.**

Remote Administration settings will override the security inbound policy.

Outbound Policy: **Reject.**

Outbound access is allowed to the following services: DHCP, DNS, IMAP, SMTP, POP3, HTTPS, HTTP, FTP, Telnet.

Allow outbound Set Top Box traffic

Typical Security (Medium)

Inbound Policy: **Reject.**

Remote Administration settings will override the security inbound policy.

Outbound Policy: **Accept.**

Minimum Security (Low)

Inbound Policy: **Accept.**

Outbound Policy: **Accept.**



#### IPv6 Settings

Maximum Security (High)

Inbound Policy: **Reject.**

Outbound Policy: **Reject.**

Outbound access is allowed to the following services: DHCP, DNS, IMAP, SMTP, POP3, HTTPS, HTTP, Telnet.

Typical Security (Medium)

Inbound Policy: **Reject.**

Outbound Policy: **Accept.**

Minimum Security (Low)

Inbound Policy: **Accept.**

Outbound Policy: **Accept.**

Apply >

Cancel >

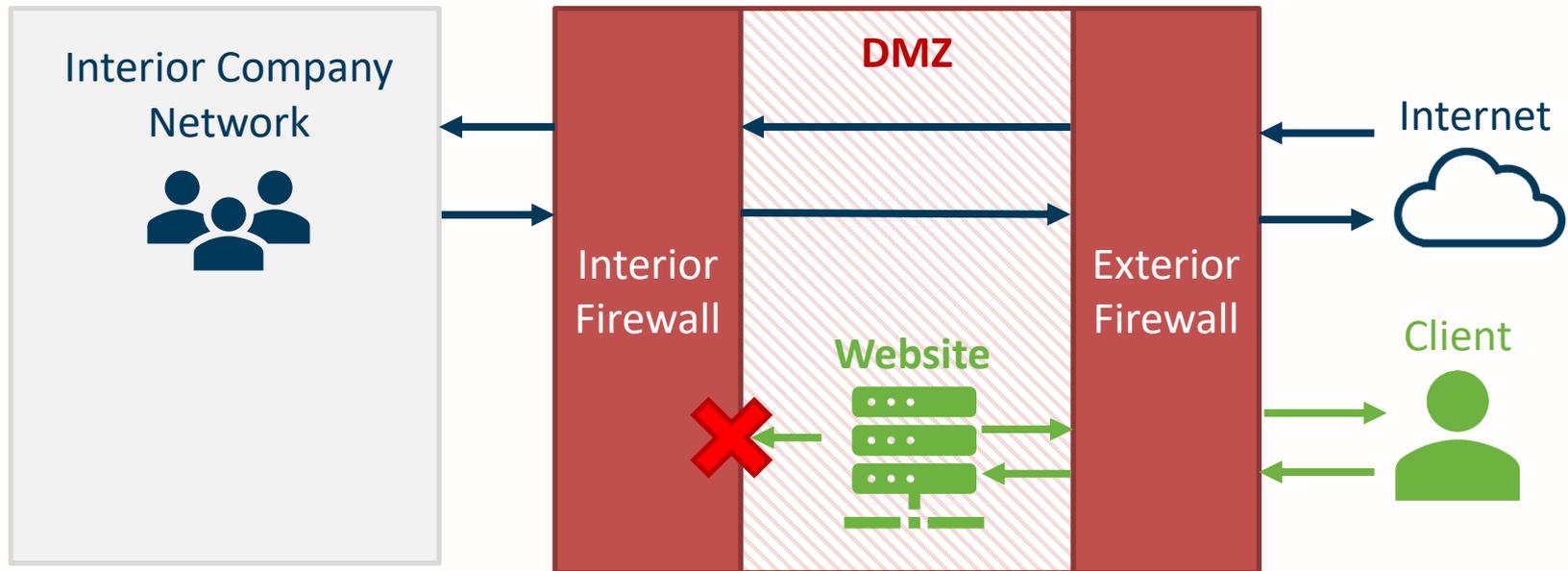
- > With just a few clicks, your employee's home network can allow inbound connections.
- > This is extremely dangerous and would never be allowed in a corporate network.

# Home Networks – What Can Go Wrong

## Improperly Configured DMZ

- › A demilitarized zone (DMZ) on a network is a space where an organization can expose services (such as a website) to the public internet
- › A properly configured DMZ allows a company to safely expose services without compromising the integrity of other resources on the internal network.

### Example of a Properly Configured Corporate DMZ



# Home Networks – What Can Go Wrong

## Improperly Configured DMZ

- › Risk 1: Accidentally placing the company computer inside the DMZ
- › Risk 2: Putting a device in the DMZ that is then compromised and used as a staging point for further intrusion



Main Wireless Settings My Network **Firewall** Parental Controls Advanced System Monitoring

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### DMZ Host Settings

Allow a single networked computer /device to be fully exposed to the Internet.

Note: If you have purchased a group of Static IP's and have enabled Static NAT for all your Static IPs, do NOT enable the DMZ Host feature.

DMZ Host:  Disable  Enable

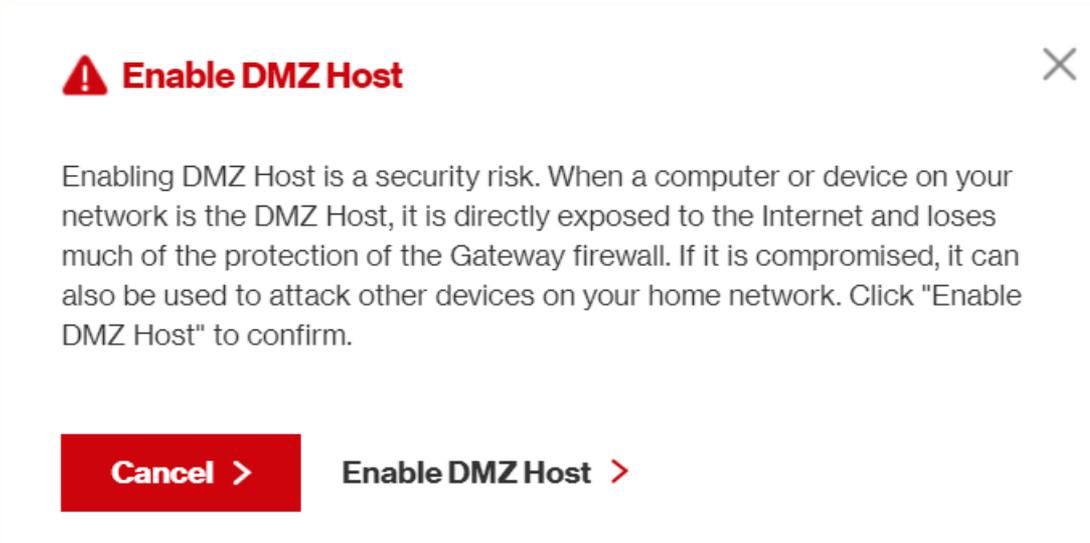
IPv4 Address 192 . 168 . 1 .

Apply > Cancel >



# Home Networks – What Can Go Wrong

## Improperly Configured DMZ



# Home Networks – What Can Go Wrong

## Improperly Configured DMZ

```
A $ ping 192.168.1.152
PING 192.168.1.152 (192.168.1.152) 56(84) bytes of data.
64 bytes from 192.168.1.152: icmp_seq=1 ttl=64 time=8.39 ms B
64 bytes from 192.168.1.152: icmp_seq=2 ttl=64 time=77.3 ms
64 bytes from 192.168.1.152: icmp_seq=3 ttl=64 time=7.74 ms
64 bytes from 192.168.1.152: icmp_seq=4 ttl=64 time=65.9 ms
64 bytes from 192.168.1.152: icmp_seq=5 ttl=64 time=15.6 ms
64 bytes from 192.168.1.152: icmp_seq=6 ttl=64 time=15.1 ms
64 bytes from 192.168.1.152: icmp_seq=7 ttl=64 time=13.7 ms
64 bytes from 192.168.1.152: icmp_seq=8 ttl=64 time=7.54 ms
64 bytes from 192.168.1.152: icmp_seq=9 ttl=64 time=12.6 ms
^C
--- 192.168.1.152 ping statistics ---
9 packets transmitted, 9 received, 0% packet loss, time 8024ms
rtt min/avg/max/mdev = 7.546/24.908/77.347/25.302 ms
$ █
```

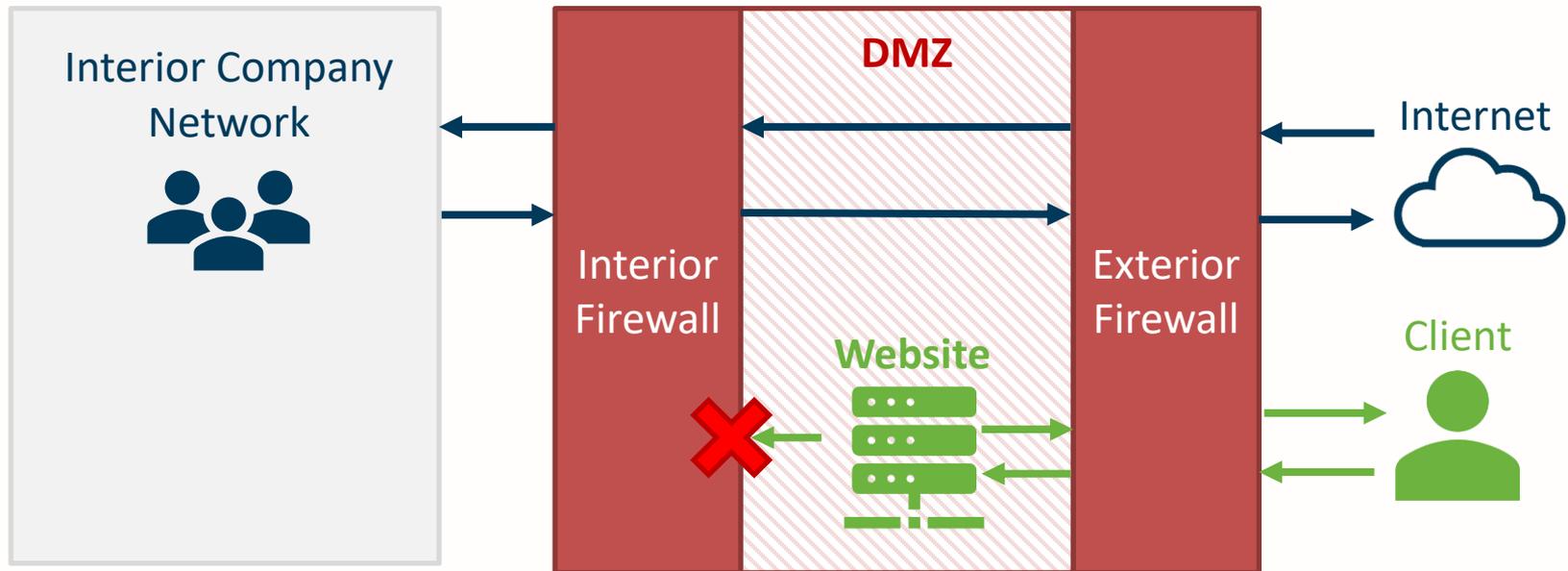
- A** ping command sent from the device in the DMZ to an IP address of a device outside the DMZ
- B** Responses indicate the time it took the device to respond, confirming connectivity between the two

# Home Networks – What Can Go Wrong

## Improperly Configured DMZ

- › In reality, a DMZ from a home router does not look like a good corporate DMZ

Example of a Properly Configured Corporate DMZ

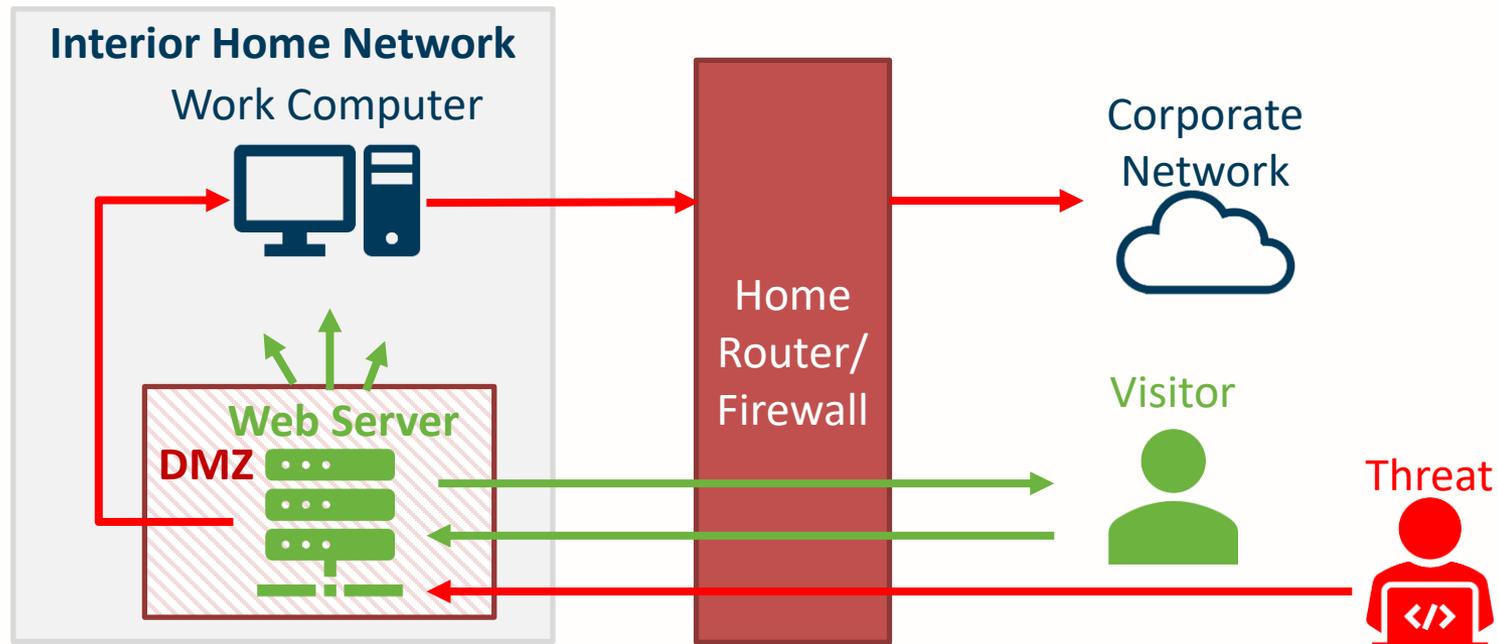


# Home Networks – What Can Go Wrong

## Improperly Configured DMZ

- › In reality, a DMZ from a home router does not look like a real DMZ

Threat Path with DMZ on Home Router



# Home Networks – What Can Go Wrong

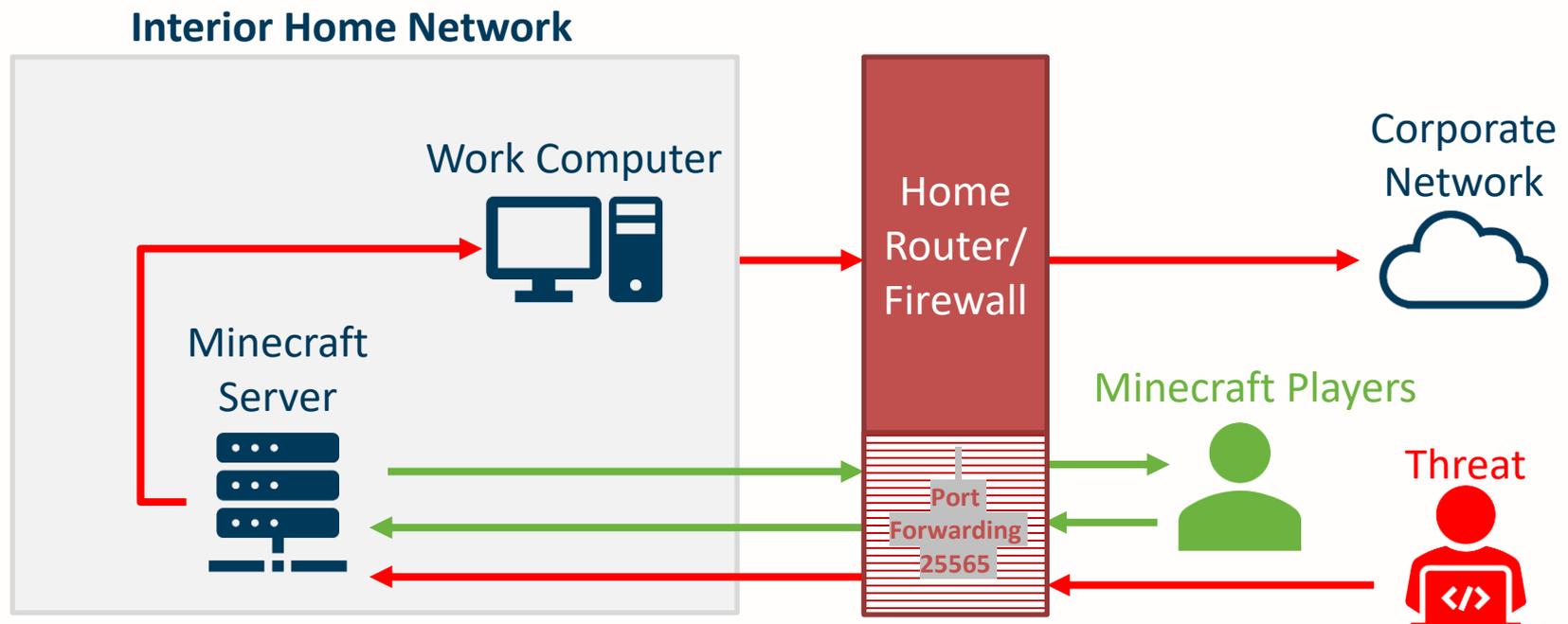
## Port Forwarding

- › What is a port?
  - › A logical access (as opposed to physical) path through a network specified by a number
  - › Over 65,000 ports. Examples:
    - › https is port 443 – try google.com:443
    - › http is port 80
    - › ftp is port 21
    - › SMTP (outbound email) is port 25
    - › POP3 (inbound email) is port 110
    - › Minecraft is port 25565

# Home Networks – What Can Go Wrong

## Port Forwarding

- › A network device configured for port forwarding could be compromised and used as a staging point for further intrusion



# Home Networks – What Can Go Wrong

## Port Forwarding

- › Corporate networks use properly configured DMZs to expose servers to the internet
- › Port forwarding should not be used like this in a corporate environment

**fios**<sup>v</sup>  
by verizon

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### Port Forwarding

This feature enables applications (Games, Webcams, IM & Others) by opening a tunnel between remote (Internet) computers and a specific device port inside your local area network(LAN).

Create new port forwarding rule:

Select IP from menu  Application To Forward...

**Add +** Reset > Cancel > Advanced >>



# Home Networks – What Can Go Wrong

## Other Risks

- › Remote Home Router Administration
- › Not using a Wi-Fi password or using a weak password
- › Using Wi-Fi Protected Setup (WPS)
- › Using Wired Equivalent Protocol (WEP)
- › Existing malware or intrusions on other machines on the network (Windows 7)
- › Having insecure internet of things on the network
- › Having out of date router/firmware



# SECURING REMOTE WORKERS

# Securing Remote Workers

## › Host-based firewalls

- › A “host” is simply any device connected to a network. A host-based firewall is a firewall installed on the device itself.
- › Restrictively configured host-based firewalls should block inbound connections to work computers from other devices on the network (with the exception of whitelisted corporate servers)
- › This will put significant barriers between threat actors on your home network and your work computer/work network.
- › Windows has a built-in firewall – but the default settings allow inbound connections.
  - › Needs configuration to be properly secured

# Securing Remote Workers

- › Verify the security of your remote access configurations
  - › RDP
  - › Citrix
  - › VPN

# Securing Remote Workers

- › Hard drive encryption
  - › Many new laptops have been issued in the last two months.
  - › Most users will store some amount of sensitive data on their computer, and for most businesses it is not a matter of 'if' but a matter of 'when' a laptop will be lost or stolen.
  - › Depending on the jurisdiction, a lost laptop could meet the legal definition of a data breach and result in embarrassing and costly reporting to customers and authorities.
  - › Encrypting the hard drive makes the hard drive unreadable to anyone who finds or steals a company computer.

# Securing Remote Workers

- › Multi-Factor Authentication for Remote Access
  - › If users can remotely access your Virtual Private Network (VPN), Remote Desktop Service (RDS), Office 365, or other remote access tool, threat actors can as well.
  - › MFA significantly reduces the risk from password phishing, weak passwords, or stolen passwords.

# Securing Remote Workers

- › Other Security Functions Continue to be Important
  - › Anti-virus/Software Patching
  - › Security Awareness Training & Phishing
    - › Turn off computers at night
    - › Reminder that company laptop is not a toy
    - › Shredding printed protected info, e.g., PII, PHI, PCI
  - › Web Filters
  - › BYOD – Using home computers
  - › Mobile Device Protection
  - › Inactivity Screen Locks
  - › Intrusion Detection – <https://www.dragnet.io>

# Keiter Support

- › Security Awareness Training
- › Remote Access Focused Risk Assessments / Penetration Tests
- › Technical review of:
  - › VPN / Citrix / RDS Configuration Analysis
  - › DMZ Configurations
  - › Host-based firewall configurations
- › Intrusion Detection – <https://www.dragnet.io>
  - › Contact Chris Moschella – [cmoschella@keitercpa.com](mailto:cmoschella@keitercpa.com) for a demo.

# Thank You!

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